

Tahoe Nevada AAUW

Advancing equity for women and girls through advocacy, education, philanthropy, and research.

Volume 26, Number 3 Nov 2016

www.aauw.org



President's Message <u>Happy Fall Everyone!</u> The hiking has been spectacular with all the seasonal color coming out. Our Outdoor Enthusiast Groups continue to meet each Monday at 9:30 at the Church Parking Lot (Mt. Rose & McCourry) and provide great outings depending on the weather. Additional information is available from Lynn Whetstone at <a href="https://www.whetstone.gov/whet

Monday, November 7, for additional information please contact Monica Hill at monicachill@gmail.com.

Our Wine Tasting fundraiser took place on October 14th. It sold out and everyone had a fantastic time! We THANK our fundraising committee headed up by Charlotte Curtis, and Ron Stanger at the Village Market for all their hard work to produce this wonderful event.

Our October 18th Meeting included a superb and enlightening program by our very own Tara Madden-Dent and four inspiring International Students. We had the pleasure of learning about the International Studies program at Sierra Nevada College, and the Incline High School foreign exchange program. If you are interested in assisting with the college program, or have the capacity to provide support for students while here in Incline Village contact Tara at taramaddendent@qmail.com. If you wish to have more information about hosting at a high school level, please contact Lynn Whetstone at lwhetstone@prodigy.net.

Back by popular demand! Our next event is our **Game Night on November 10**! See more info in this issue for details or contact Charlotte at charcurtisedd@aol.com or Bonnie at bonicooker@aol.com. Please note that the deadline for registering is November2. You have probably received emails recently, as we had a computer problem which caused some of your early registration information to be lost-so please reply to that email or re-register to Charlotte or Bonnie so that we are sure to have all your information regarding the games you are interested in playing, dish bringing, and any white elephant items. Please note that spouses, significant others, and guests are invited to this event as well. We are looking forward to seeing everyone for a great evening!

Our fundraisers provide income to our Scholarship Fund. AAUW Tahoe Nevada is a 501(c)(3) Nonprofit Organization, registered with the Secretary of State, EIN: 94-3055754. We welcome your donations throughout the year. Contact our Treasurer, Cornelia Gould cornelia.gould@gmail.com or 775-298-2057.

We are seeking monthly volunteers to assist our Programs and Membership staff with Set Up, Centerpieces, Check In, Bartending, and Clean Up before, during and after meetings. Contact Jane Dykstra at tahoejane@gmail.com for additional information.

Don't miss our next Dinner meeting on November 16, which will feature a panel discussion on senior services and aging in Tahoe! See our program column in this newsletter for details. We will be holding our annual food drive to benefit Project MANA. There will be a barrel for collection of food at the check in table and Project MANA has indicated a particular need for canned proteins.

If you are prepping for your holiday baking and gifting, our sister Capital Branch in Carson City is beginning their annual Pecan Sale fundraiser: \$11.00/lb Halves, or \$12.00 Specialty Packages – contact Shirley Hammon at 775-882-4195 for additional information. I wish to welcome all our new members and hope that you will join us for events that interest you. Please feel free to provide any feedback to me or other board members. You may reach me at 775.843.0775 or nicholas89451@gmail.com with your suggestions and comments. Don't forget to vote! Have a Happy Thanksgiving. Looking forward to seeing you all soon!

Debbie Nicholas

Monthly Meetings: Jane Dykstra and Tara Madden-Dent

Dinner meetings are held on the third Wednesday of the month, September through May. The date for December's meeting, which will be a special holiday function, will be 12/7. Social hour begins at 5:30. Dinner will be served at 6:15 followed by the program at 7:15.

Aging in Place in North Lake Tahoe The November program will be a panel discussion on services available to seniors as they face challenges associated with aging. Our panelists will include Sarah Deardorff, the Executive Director of Sierra Senior Services, Howard Beckerman from IVGID, and our own Helen Voss, who, since moving here a couple of years ago, has become an enthusiastic user of IVGID senior resources! Although you may not feel as though you are old enough to benefit from the senior services offered in our area, it is good to be knowledgeable about what is available. An accident could make you or your spouse housebound during recovery, you may have a parent that you need to have stay with you for an extended period, or you may have an elderly neighbor that isn't aware of the resources available in our area. We will highlight resources in our community that help seniors stay active and remain in their homes longer.

November Food Drive...We will be collecting canned food for Project MANA at our November 16th meeting. Suggested items are those that are rich in protein such as canned tuna, canned chicken, peanut butter, etc.

Our RSVP form is quite successful. We will be sending out a follow up email listing those who have signed up and a form to cancel. Please reserve no later than the Friday prior so our caterer can have the right amount of food for us and check-in is simplified.

Please be aware that TN-AAUW must pay for all RSVP dinners. Our long-standing policy has been that if you have made a reservation for a dinner meeting and fail to cancel by 5PM on the Monday before the dinner, you will be expected to pay for the dinner. Thank you for your understanding.

If you have any comments or concerns about our meetings, please contact the Program VPs or President to resolve your issue.



TURKEY EGGPLANT PARMESAN
HOLIDAY GREEK YAMS
THANKSGIVING GRILLED BELLA
MUSHROOMS & SQUASH
FULL SEASONAL SALAD BAR
PUMPKIN SOUP WTH CHILI/CRAN/
APPLE RELISH
HOLIDAY BREADS
DUTCH APPLE PIE
Gina & Jim Poulos
Crosby's

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OUTDOOR ENTHUSIASTS' GROUP

Lynn Whetstone

The Outdoor Enthusiasts' Group gets together year round to enjoy hiking, snowshoeing, other outdoor activities (and good companionship!) in the beautiful Lake Tahoe area. We've been enjoying the fall colors lately, even when they've been tinged with snow. We expect to be changing from hiking to snowshoeing sometime in November and encourage those who are new to it to join us early in the season when we're all getting used to the equipment again.

We meet at 9:30 AM every Monday (weather permitting) in the lower parking lot of the Village Church on McCourry Blvd. at the Mt. Rose Hwy.; from there we carpool to our hiking/snowshoeing location. Occasionally, with advance notice, we plan hikes further afield which also include either a picnic lunch or lunch out at a restaurant.

Please contact me at Lwhetstone@prodigy.net or 831-8608 if you would like to participate and be notified of upcoming hikes/snowshoe outings by email.

During the warmer months, a kayaking group goes out from Ski/Hermit Beach most Wednesday mornings, but its activities have concluded for the season. A road-biking group—the Wheeling Women—continues to go on Friday outings in the greater Tahoe area during good biking weather. Please contact Millie Clarke at millie.clarke@gmail.com if you would like to join the biking group and be added to their email list.



We hope you can join us on our outings!





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Members: The 2016-2017 AAUW Membership Directories will be available at the November, December and January dinner meetings. To save on postage, we are asking that you pick up your Directory at one of these meetings. If you are not able to attend, you can let me know ahead of time and I'll mail it to you. Any Directories not picked up by the end of January will be mailed. Thanks so much.

MillieSz746@gmail.com.

Sponsorships See Your Business Name Here in Each Issue!

To be a sponsor in the newsletter for the 2015-6 year, contact Robin Grean at rgrean@aol.com. Business Card size space is \$30 for all issues of the newsletter.

Do you need a little break?

Mature woman will provide respite, light cooking, housekeeping, errands, computer/smart phone help, among other duties, in exchange for rent. Quiet. Kind. Clean. Responsible and skilled in caring for seniors with brain injuries and illness. 775-772-7825

AAUW Tahoe Nevada Branch is a non-profit 501(c)(3) corporation formed in Nevada and registered with the Nevada Secretary of State, our Federal Tax I.D. # 943055754. Contributions to the scholarship fund qualify for a federal tax deduction pursuant to the provisions of Section 170.c. of the Internal Revenue Code of 1986, 26 USC 170c. Proceeds benefit the Scholarship Fund.

Who's In Charge Here? Your 2016/2017 AAUW Local Officers, term ends 6/31/17

President Debbie Nicholas
President Elect Carol del Carlo
Treasurer Cornelia Gould

Co VP Programs Jane Dykstra

Tara Madden-Dent

Secretary Marianne Mika
Co VP Membership Judy Miller

Kelley Werner

Newsletter Robin Grean

Directory/Media Millie Szerman

Webmaster Larissa Faulkner

Scholarship Karen Loullis

Fundraising Charlotte Curtis

Public Policy TBA

Parliamentarian Connie Skidmore Past President Charlotte Curtis



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Membership Matters

Renewal reminder: Through our scholarship fund, the Tahoe Nevada Branch of AAUW supports educational opportunities for women and girls in our community. Your continued membership is so important. Our membership year starts on July 1. Our branch membership is up to 137 and we are probably the largest branch in Nevada. Thank you so much for choosing to join us again this year. If you haven't already renewed, please look for the email with the link to AAUW's credit card payment site or use the appropriate paper form at the end of this newsletter.

Welcome to new members: Cathi Colvin, Patty Proctor, Mary Horsley, Dodie Weiner, Ruth Gunther, Kathy Turner and Janet Usinger!

Judy Miller & Kelley Werner Membership co-chairs

Used Book Sales

We will continue to have our used book sales at each dinner meeting. Stop by our table to browse the newest selections for your reading pleasure! Our Used Book Sales are chaired by Sherie Schmauder, with the support of Anga Rebane as the co-chair. And we are now also accepting audio books, as well.



BOOK GROUP NEWS

The Book Group meets monthly on the second Monday of the month at 7 PM. New members are always welcome! We have an exciting schedule of books coming up, covering a variety of genres, but are still seeking discussion leaders and hosts. Please feel free to email Lee Hall or Monica Hill if you would like to be on our email list or would like to suggest new titles for the open slots in our schedule.

November 14: "Sisters in Law" by Linda Hirshman, the story of how Sandra Day O'Connor and Ruth Bader Ginsburg went to the Supreme Court and changed the world. Pamela Sheldon will lead the discussion and Charlotte Curtis will hostess.

December: No meeting

January 9: Non-fiction. "Dreamland: The True Tale of America's Opiate Epidemic" by Sam Quinones. Cornelia Gould will lead the discussion and Monica Hill will hostess.

February 13: Historical Fiction. "*The Nightingale*" by Kristin Hanah. Discussion led by Lynn Whetstone. Peggy Poindexter will host.

March 13: Romance Novel. "The Rosie Project", by Graeme Simsion. Deena Benke will hostess; Kelly Neville will be the discussion leader.

April 10: Open for suggestion **May 8**: "Dear Dad" by Douglas Keillor. Discussion leader and hostess TBD **June 12**: "Tahoe Beneath the Surface" by local author Scott Lankford. Leader and hostess TBD

Please give hosting a chance. Sweets, savories and beverages are contributed by the attendees. We will help set up and clean up. For additional information about Book Group, please contact Monica Hill or Lee Hall. Happy reading!

monicachill@gmail.com

leehallpt@yahoo.com

FUNDRAISING—Charlotte Curtis

Many thanks to <u>Village Market</u> and AAUW members and guests who attended the October 14 Wine Tasting event. Twenty-seven people enjoyed a selection of California and French red and white wines with delicious appetizers. The event raised \$645 for the AAUW Scholarship Fund.

IMPORTANT TIME SENSITIVE!!! We are hosting the Second Game Night Thursday, Nov. 10, at the Parasol Building Trepp Room. It begins at 5:30pm and includes wine, appetizers and desserts. There will be beer and non-alcoholic beverages too. \$25 per person. A White Elephant auction will add to the fun. Limited seating. So respond asap. Let Bonnie Yachbees know what wine, appetizer or dessert you will bring, and what games you will play (poker, bridge, Mexican train, bunco, mah jongg, canasta) bonicooker@aol.com or 954-868-1456. Or contact Charlotte Curtis at charcurtisedd@aol.com for more info. Wine donations may be left in the foyer of Millie Szerman's home at 633 Woodridge Circle, Incline Village.



The AAUW Fund Raising Committee is pleased to announce these exciting future events scheduled for the new year! The dates will be announced as soon as they become available.

February – Another Wine Tasting, due to popular request

April – Lunch and cooking class at Nothing To It Cooking School

May – Museum Tour and Brunch

July or August – Sand Harbor Shakespeare Event

What's the Big Deal About STEM and what the heck is it anyway?

The American Association of University Women supports promoting and strengthening science, technology, engineering, and math (STEM) education, especially for girls and other underrepresented populations. These efforts will increase America's competitiveness by reducing barriers that deter women from pursuing academic and career goals in these fields. Women remain severely underrepresented in STEM areas or the workforce. Before Title IX, many opportunities to advance in STEM were denied to women. In order to meet the needs of the 21st century economy, we must increase girls' interest in STEM and encourage women to pursue STEM careers. Title IX remains and excellent tool to help us meet these goals. Although women fill close to half of all jobs in the U.S. economy, they hold less than 25% of STEM jobs. Barriers to girls' progress in STEM begin during their K-12 education, starting with the messages received in the schools. In a 2006 survey, 44% of girls and 38% of boys agreed with the statement, "the smartest girls in my school are not popular," and 17% of girls and 14% of boys thought that it was true that "teachers think it is not important for girls to be good at math."

One way to improve this situation is to address challenges that cause girls and women to lose interest in STEM. AAUW found that <u>school climate</u> plays a significant role in women's decisions to stay in STEM studies. Stereotypes, gender bias, and the sometimes hostile climate of <u>STEM departments</u> continue to block women's participation and progress. In general, women with a college degree earn more than women without one, and women with a college degree in STEM earn more than average. Women with STEM jobs earned 33 percent more than comparable women in non-STEM jobs – considerably higher than the <u>STEM wage premium</u> for men. As a result, the gender wage gap is smaller in STEM jobs than in non-STEM jobs.

There are many ways to increase women's and girls' engagement in STEM:

Emphasize STEM skills in early education, K-12, and higher education.

Cultivate girls' achievement by exposing them to female role models in STEM and encouraging high school girls to take calculus, physics, chemistry, computer science, and engineering classes.

Support teacher training to include recognition and avoidance of implicit gender bias, awareness of stereotype threat, techniques to improve spatial skills, and ways to promote a growth mindset in students.

Measure student achievement in STEM disaggregated and cross tabulated by gender.

Actively recruit women into STEM majors.

Use Title IX to improve school climates for women and girls.

Raise \$\$ for Scholarship at Smile.Amazon.Com

We have a new way of raising money for our Scholarship Fund. It's painless and fun, and as easy as shopping online. Many of us shop on amazon.com Since our branch is now listed on the IRS list of charitable organizations, we are eligible to participate in this program. It's not a lot of money, but if we all join in, the pennies will add up.

Just go to smile.amazon.com. There, you can select our branch "American Association of University Women Tahoe Nevada Branch". Then when you shop on smile.amazon.com, .5% of your eligible purchases will be credited to our branch. For more information go to https://smile.amazon.com/gp/aw/ch/about. For assistance, contact Charlotte Curtis at charcurtisedd@aol.com.

Below: Tara Madden-Dent and our panel of International Scholars at the October meeting



MEMBER ANNOUNCEMENTS

Learn how BREXIT and other European and World current affairs affect all of us. Dr. Przemek Osievicz, an expert on world affairs from Poland, will speak on these pressing topics on Friday, November 18, from noon to 1:15pm on the SNC campus. Tahoe Center for Environmental Science Building 139/140. For more info contact Tara Madden-Dent tmaddendent@sierranevada.edu

Trust and Investment Seminar at Sierra Nevada College on Wednesday, November 16th. Incline Investment Management will be co-hosting the event with the Nevada Trust Company to talk about asset protection plans and investment strategies that can protect/reduce risk during times of uncertainty. Wednesday, Nov. 16, 7-8:30pm SNC, TCES Building, Rooms 139-141. Info and rsvp 775-831-2287 cjohnson@inclineim.co

Do you have some spare time? Are you interested in Volunteering for a worthy cause? Tahoe Safe Alliance (our local Domestic Violence Agency) is preparing for the Chocolate Wine Festival on November 5. We need some assistance with wrapping, packaging and bundling Silent Auction Packages (NOT soliciting donations) Times available: November 4 and 5....short shifts.... Snacks /Incentives provided. Contact Debbie at nicholas89451@gmail.com or 775.843.0775 if interested!

Don't Throw Away Those Old Orchids!! Just because the flowers have dropped off or dried out, or the plant looks dead, it is NOT!! Millie to the rescue!! I grow orchids - I rescue orchids - I LOVE orchids... So, please give me a shout and I'm happy to take them off your hands, or bring them back to life (if you haven't already killed them) for you. Please contact me at (775) 833-3311 or email me at MillieSz746@gmail.com

In the interest of the community, members may post public service-type announcements in our newsletter. These are not personal (selling appliances, cars, etc.); but for activities of interest to members or to the Tahoe community in general. All items must be written by the person making the announcement, limited to one paragraph, to be published at the discretion of the local AAUW Editor and President. Send to rgrean@aol.com



Note: Please use this form if you are a new member. Renewing members use only if not renewing online.



AAUW Tahoe Nevada

Membership Form July 1, 2016 to June 30, 2017 Please circle any changes from last year's Directory; otherwise, they may not be made. There are no changes _____ Please note the following changes. I am a new member. Full name Date Mailing Address Zip Zip _____ Physical Address _____ Phone (home) _____ (cell) _____ (work) _____ Email address _____ Spouse/Partner name Bachelor's Degree or Associate Degree College/University ______ Year _____ City, State _____ Major Degree **Graduate Degree** University/College Year City, State Degree Major Annual dues run from 7/1/16 to 6/30/17. National Dues \$49 Student Affiliate dues: \$17 State Dues Open to anyone who does not already have an under-**Branch Dues** 15 graduate degree and is enrolled in a two- or four-year regionally accredited educational institution. Enclosed: Please send check & form to: \$ _____ Membership Dues **AAUW TAHOE NEVADA** P0 BOX 5465 **INCLINE VILLAGE, NV 89450** \$ Total Amount of Check #

Friends of AAUW - Tahoe Nevada

Friends of AAUW-Tahoe-Nevada category is reserved for those persons who are NOT eligible for membership in the national AAUW organization, i.e., do not hold an associate or equivalent, baccalaureate or higher degree from a regionally accredited college or university. Friends have the following privileges:

Notification of AAUW Tahoe-Nevada activities, including Special Interest groups

Participation in AAUW Tahoe-Nevada Special Interest groups

Contribution to educational scholarships and grants benefitting local young women

Inclusion in the AAUW Tahoe-Nevada directory

Socialization and connection

USE THIS FORM FOR NEW AND RENEWING FRIENDS OF AAUW-TAHOE NEVADA

PO BOX 5465

INCLINE VILLAGE, NV 89450

| Please send check and form to: AAUW TAHOE NEVADA | |
|--|--------|
| Additional donation amounts are gratefully accepted. | |
| Friends of Tahoe Nevada AAUW Donation \$50.00* \$ | |
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| Mailing Address: | Zip |
| Full Name: | Date |
| I am a NEW Friend of Tahoe Nevada AAUW. | |
| Please note changes. | |
| There are no changes from the previous year. | |